



RANCHO LOS AMIGOS
NATIONAL REHABILITATION CENTER

For Immediate Release

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Rancho Los Amigos to Host Stroke Health & Wellness Fair

DOWNEY, Calif., September 15, 2010 – Rancho Los Amigos National Rehabilitation Center will hold its 4th Annual Stroke Health & Wellness Fair on September 18, 2010, from 8:00 a.m. to 12:00 p.m. The public is invited to the “roll around the ranch” event which includes a 5K walk/run and health-gearred activities for the entire family.

“The Stroke Health & Wellness Fair encourages people of all ages to learn about the risk factors for stroke and take control of their health,” said Rancho chief executive officer Jorge Orozco. “Education is the first step to health empowerment and wellness.”

The event will feature free blood pressure screenings, health education, a 1K, 5K and Kids Fun Run, and musical entertainment by Sherry Pruitt and the Delgado brothers. There will also be an interactive art station, bowling, and Wii Fit activities.

Advance registration is encouraged and can be completed online at www.rancho.org or onsite. There is no cost to participate in the walk/run or in any of the activities. For additional information, call the Rancho Stroke Fair “Hotline” at (562) 401-6241 or contact Mary Baca at (323) 890-8683.

About Rancho

Rancho Los Amigos National Rehabilitation Center has over 50 years of experience providing quality care for people with disabilities. Rancho’s mission is to provide each patient with superior medical and rehabilitation services in a culturally sensitive environment. Rancho is one of the largest comprehensive centers and is world renowned in the field of medical rehabilitation. Rancho continues to be consistently ranked as one of America’s Top 20 Best Rehabilitation Hospitals 2010 by U.S. News and World Report. For more information, please visit www.rancho.org.
